

## Coach-mentoring and supervision

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Invaluable for developing professional coaches

Receiving support and feedback on your coaching is a great way to build experience and confidence as a coach. Coaches bring a range of topics to these confidential sessions: real-live coaching issues; challenges and concerns; ethical and coaching competences. It works well in small groups - the International Coach Federation recommends no more than 10 people - and 1-1.

## Training in coaching supervision & mentoring

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Increasingly demanded by corporations when commissioning coaching services, **training in coach-mentoring and supervision** is a natural next step for more experienced coaches to step up into the mentoring and supervision zone.

Coach-mentoring and supervision training is a great way to get experience and confidence in supporting other professional coaches.

Delivered by the Forton Group and its global partners, this programme is accredited by the International Coach Federation (ICF) and meets the demanding requirements of the UK ICF, and the Association for Coaching standards.

## Develop your professional capabilities

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Take pride in your professional coaching standards

- Raise your own professional coaching standards
- Support others to improve their coaching practice, competences and ethics
- Enhance your personal and professional development
- Earn 'Coach Education Units' - or take this module as part of Forton's Accredited Coach Training Programme
- Explore typical issues and challenges facing coaches in the corporate, executive and leadership coaching world
- Develop your own and others' emotional intelligence

Specialising in leadership, executive and corporate coaching, this programme covers topics such as

- Giving and receiving feedback
- The difference between coach-mentoring and coach-supervision (and other professional practices such as counselling, therapy, etc)
- Comparing other professions' supervision models
- How supervision supports professional practice
- The difference between personal, business and coaching ethics
- Emotional awareness and resilience as a coach

## Accreditation

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Experienced coaches can choose this programme, or selected modules, as part of their core '**Professional Leadership Coach Training Programme**', accredited by the ICF



This programme also qualifies for 'Continuing Coach Education' (CCEs) from the ICF.

It also meets the *Association for Coaching Supervision* standards. Forton is applying for accreditation with AC and with the Chartered Management Institute, through the Centre for Strategic Leadership

### Evidence of equivalent prior learning

We accept evidence of equivalent prior training from coach-specific training programmes for credits against some of these modules (marked \*). Where appropriate, students can take different modules in the Professional Leadership Coach Training Programme, to meet their development needs. Also, if students can show evidence of prior learning in Ethics and Group Supervision, these modules can be optional.

## 6 modules: overview

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Suitable for advanced and experienced coaches

Support the coaching profession and fellow coaches to develop their professional practice as a coach, raise their confidence and improve coaching competences and ethics.

The Forton Coach-Mentoring and Supervision programme gives you the theoretical understanding and the practical experience and confidence to deliver coach-supervision services to fellow professionals.

A blend of delivery methods

1. One-day in-person workshop
2. Skills development by teleclass
3. Group supervision by teleclass
4. Ethics masterclasses by teleclass
5. 1-1 supervision by phone
6. Personal Study Assignments supported by Senior Faculty Members

Participants will receive

- Access to Forton's online learning centre
- All learning materials and handouts
- In-person, group and private classes to achieve your goals

## Programme details

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### One-day in-person workshop

- In-person day working in small class sizes
- Giving and receiving feedback
- Review and reflection models & principles

### Skills development by teleclass

- 5 x 90 minutes sessions
- Setting up the conversation
- Agreements
- Practice and feedback

### Group supervision by teleclass

- 10 x 60 minute sessions
- Explore coaching challenges in a confidential environment
- Discuss real life situations
- Evaluate coaching tools and competences

### Ethics masterclasses\*

- 6 x 60 minutes by teleclass
- discuss case studies and real life ethical issues
- explore ethics in coaching & the business of coaching

### 1-1 supervision

- 4 x 60 minute private sessions by phone
- Individual coach-supervision
- Written feedback to support learning and growth

### Personal Study Assignments supported by a Senior Faculty Member

Students are supported to deliver 4 assignments:

- Critical Review of own recorded supervision (800 words)
- Case Study
- 1500-word Statement of Coach Supervision & Philosophy
- Presentation 'How I will apply my learning'