



## Module One of the Professional Leadership Coach Training Programme



Accredited Coach Training Program  
International Coach Federation

### Workshop duration

- 2 days
- Four 1 hour skills application review sessions (teleclasses)

## igniting excellence in leadership

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# Leadership Coaching – Igniting Excellence

## Overview

To meet today's biggest business challenges, coaching is an essential *leadership* skill.

- Managers need to use a range of tools and approaches as leaders to inspire their people.
- Leadership coaching is the most effective way to enable teams to deliver extraordinary business results.

Explore the meaning of leadership and its links to coaching; develop your coaching skills in practice sessions, receive feedback from your peers and build your vision for leadership.

## This workshop is for

### *Experienced managers looking to*

- Build their leadership skills
- Explore new ways of motivating others
- Inspire others to achieve more
- Unlock their people's potential
- Change the culture

### *People new to management, leadership or coaching needing tools to*

- Create and share 'the vision thing'
- Inspire a culture of resourcefulness
- Identify and tap into available resources
- Develop people and leadership skills

## Coaches looking to

- Build on their experience
- Learn new coaching tools and techniques
- Identify different conversation types and when best to use coaching skills
- Support leaders to learn and deliver

On this two-day workshop you will learn the essential skills for coaching leaders and, as a leader, developing a coaching style.

## By the end of this workshop you will be able to:

- Be a more effective coach or leader
- Have created your own vision for leadership
- Understand and use the skills of professional leadership coaching
- Inspire people through applying visionary coaching tools
- Understand the style of leader as coach and its importance
- Make use of a unique model to lead teams and make your coaching more effective
- Work with your team to build better, more collaborative, relationships
- Adapt your coaching to a range of workplace situations
- Give and receive feedback in a coach-like way

## Leadership Coaching – Igniting Excellence



### This workshop covers

#### Working as a Coach-like Leader

- Exploring leadership qualities and behaviours
- Shifting from ‘manager’ to ‘leader’
- Applying a visionary style of leadership
- Understanding the framework within which coaching sits in the workplace

#### The Steps, skills and principles for Effective Coaching Conversations

- Stepping smoothly through your coaching conversations
- Explore the Professional Leadership Coaching model
- Give and receive coach-like feedback
- Blend strategic thinking with action planning
- The importance of review in the coaching conversation

#### The Principles of Leadership Coaching

- Exploring the five principles of leadership coaching
- The art of possibility: how coaching and leadership is more than problem-solving
- Shifting the power-relationship: coaching as a creative partnership

#### Applying Coaching in real-world situations

- Practice the skills of a leadership coach in live situations, not role play
- Coaching in complex situations and relationships
- Unlock resourceful thinking and attitudes
- Creating learning and growth, as well as achieving goals

#### Develop Your Coaching Competencies

- International coaching standards and your personal and professional development
- Having the confidence to know when to coach, when to direct or mentor

### Personal Development

The four 1 hour teleclass sessions are the opportunity to discuss the practical application of your skills.

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I wish I'd known about the coach approach earlier, as it is transforming my style & approach in all aspects of my life.



Contact us  
to find out more...

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